

BOUNCE^{INC}



School Sessions

Teacher Overview

About BOUNCE Ed NZ

Built for today's curriculum. Designed for tomorrow's learners.

BOUNCE Ed NZ is a dynamic movement and wellbeing programme that supports tamariki and rangatahi to build confidence, teamwork, resilience, and body awareness through playful, active learning.

Uniquely, BOUNCE Ed NZ is fully aligned with the updated **New Zealand Curriculum (Te Mātaiaho)**. Our programme embeds key learning from the Health and Physical Education area and explicitly supports the four dimensions of **hauora**:

- **Taha tinana** – physical wellbeing
- **Taha hinengaro** – mental and emotional wellbeing
- **Taha whānau** – social wellbeing
- **Taha wairua** – spiritual wellbeing

This ensures every BOUNCE Ed session directly contributes to schools' wellbeing goals, supports meaningful curriculum outcomes, and strengthens holistic development.. not just physical skills.

Lessons encourage movement exploration through creativity, courage, and cooperation, grounded in Aotearoa values such as **ako** (reciprocal learning), **manaakitanga** (care and encouragement), and **whanaungatanga** (connection and belonging).

With learning intentions, success criteria, hauora links, and assessment rubrics aligned to Te Mātaiaho Progress Outcomes (Levels 1–6), BOUNCE Ed NZ provides teachers with genuine curriculum evidence and a meaningful learning experience students love.

Through BOUNCE Ed, students experience success in a fun, supportive environment that nurtures physical skill, emotional confidence, teamwork, and connection.. truly embodying the spirit of free-spirited fun!



One-Page Curriculum Alignment

(Te Mātaiaho Levels 1-6)



Level	Curriculum Focus (Te Mātaiaho)	BOUNCE Ed Application	Learning Intentions	Working At	Working Towards
Level 1 (Years 0-2)	<p>Kori: Explore basic movements.</p> <p>Rautaki Kori: Follow simple rules.</p> <p>Ngā Hononga: Share, cooperate.</p> <p>Hauora: Safe movement, feelings.</p>	Motorbike landings; basic shapes; simple twists; obstacle courses; emotion check-ins.	Explore movement; show safe landings; work with others; notice emotions.	Needs reminders for safety; limited control; difficulty taking turns.	Moves safely; completes simple sequences; cooperates; identifies emotions.
Level 2 (Years 1-2)	<p>Kori: Combine shapes/drops.</p> <p>Rautaki Kori: Use timing & copying.</p> <p>Ngā Hononga: Partner cooperation.</p> <p>Hauora: Confidence, teamwork.</p>	Seat drops; partner sequences; ¼-½ twists; simple obstacle courses; emotion language.	Combine movements; use control; work with partner; express emotions.	Sequences lack flow; inconsistent cooperation; emotions need prompting.	Performs controlled combos; works well with partner; uses emotion vocabulary.
Level 3 (Years 3-4)	<p>Kori: Control in jumps, twists.</p> <p>Rautaki Kori: Timing, rhythm flow.</p> <p>Ngā Hononga: Group cooperation.</p> <p>Hauora: Confidence, pride.</p>	Front/back drops; triple combos; team relays; group routines (3-4 steps).	Show control; link movements with rhythm; cooperate; reflect on learning.	Movements unstable; inconsistent teamwork.	Smooth sequences; strong teamwork; thoughtful reflection.
Level 4 (Years 5-6)	<p>Kori: Refine complex skills.</p> <p>Rautaki Kori: Use strategy, feedback.</p> <p>Ngā Hononga: Communicate effectively.</p> <p>Hauora: Resilience & success.</p>	Wall run basics; slam dunk technique; 5-6 move routines; station rotations.	Refine movement; persevere; collaborate; apply feedback.	Needs support sequencing; hesitant with feedback.	Performs with flow; uses feedback; shows perseverance.
Level 5 (Years 7-8)	<p>Kori: Advanced drops & wall work.</p> <p>Rautaki Kori: Analyse & refine technique.</p> <p>Ngā Hononga: Leadership & coaching.</p> <p>Hauora: Identity & courage.</p>	Wall tricks; flow linking; leadership warm-ups; routine refinement; showcases.	Use advanced skills; lead others; refine routines; evaluate performance.	Inconsistent leadership; struggles with advanced skills.	Confident sequences; effective leadership; strong self-evaluation.
Level 6 (Years 9-10)	<p>Kori: High control of complex aerial skills.</p> <p>Rautaki Kori: Evaluate & refine performance.</p> <p>Ngā Hononga: Lead & coach peers.</p> <p>Hauora: Expression & self-belief.</p>	Level 2 skills; twist/dunk/wall combos; 5-7 move routines; peer assessment; showcase.	Demonstrate advanced control; evaluate routines; coach peers; express identity.	Needs support refining routines; hesitant in leadership.	Performs confidently; leads others; reflects deeply on hauora & identity.